



Equipment

One Brown topped container

One Plastic bag

Instructions

1. Label the containers clearly with:
 - your name (surname & given name)
 - your date of birth
 - the time and date of collection
2. Using the scoop in the lid of the container, place a small amount of faeces (about the size of a ten cent coin) into each of the containers.
3. Replace tops, seal containers and place in plastic bag.
4. Specimens should be delivered as soon as possible on the day of collection.

**If there is a delay in delivery,
please refrigerate.**